

Relational Practices

The goal of this online course is to provide teachers with the tools necessary to focus on the proactive approach of building and sustaining positive relationships in the classroom.

Tools

*The desired outcomes will be achieved by implementing the **six practical applications** featured in our model:*

1 60 SECOND RELATE BREAKS

- ★ Teachers incorporate 60-second breaks into their classes to allow students to discover more about their peers in micro frequencies. The teacher poses a simple, shallow, fun, easy question for the students to discuss with one another. This is designed to function as a brain break, allowing students to connect with one another as opposed to checking out on their cellphones.

2 2-MINUTE CONNECTIONS

- ★ Students generate questions they are interested in asking their peers. When there are a few extra minutes in class, the teacher and students stand up, the teacher randomly selects 1 or 2 of the questions, the students quickly answer the questions, allowing them to learn about their peers. When implemented on a regular basis, the students are able to quickly discover new information or interests expressed by their peers, as well as, information about their teacher. Therefore, revealing commonalities and facilitating connections.

3 90-SECOND POSITIVE SPARK PLAN

- ★ A plan, Monday - Friday, that allows for positive interactions (sparks) to take occur. The 90 Second Positive Spark Plan reinforces the importance of the best-practice of teachers greeting students at the door as they enter, and also incorporates a quick 90-second activity fostering positive student interactions. For example, Motivational Monday - students pick a peer and tell them something motivational to lift them up as they prepare to tackle Monday. Thankful Thursdays - pick a peer and write them a quick message telling them why you are thankful they are in the classroom.

4 PULSE METERS

- ★ A plan, Monday - Friday, that allows for positive interactions (sparks) to take occur. The 90 Second Positive Spark Plan reinforces the importance of the best-practice of teachers greeting students at the door as they enter, and also incorporates a quick 90-second activity fostering positive student interactions. For example, Motivational Monday - students pick a peer and tell them something motivational to lift them up as they prepare to tackle Monday. Thankful Thursdays - pick a peer and write them a quick message telling them why you are thankful they are in the classroom.

5 TREATMENT AGREEMENTS

- ★ A three-part model that allows classrooms to build norms and expectations on how they should treat each other: Student to Student, Student to Teacher, Teacher to Student, as well as, how to “Make It Right” when the agreement has been violated. This is the “game-changer” in our classrooms. We will provide a strategic plan on how to review and utilize these agreements on a weekly basis.

5 GTKY CIRCLES

- ★ Provide the students with a structure where they can freely voice their thoughts and be heard in the classroom. These “Get to Know You” circles will help build true relationships and communities in the classrooms. Staff will be trained in the proper way to prepare, lead and facilitate a classroom relationship-building circle.

Outcomes

At the end of each of this course, each teacher will be provided the tools necessary to:

- ★ Facilitate 60 Second Relate Breaks in the classroom
- ★ Develop student-generated questions weekly to be used in the 2 Minute Connections
- ★ Create Sparks in the classroom
- ★ Create and incorporate Pulse Meters in the classroom
- ★ Understand the use of and facilitate the creation of the Treatment Agreement
- ★ Create and facilitate Green “Get To Know You” (GTKY) Circles
- ★ Understand the need for restorative/relational practices in the classroom

Materials Needed

Computer, tablet, or cell phone

Format of the Learning

Online

Additional Information

This course consists of 10 modules. Each module will include electronic handouts, multiple videos, quizzes, submissions, and a final assessment.

- ★ Participants will be provided with a special code to access the course. (NEDRP will provide a 2-page pdf of instructions for accessing the course)
- ★ Participants will be automatically emailed a certificate upon completion of the course that will serve as proof that they have completed all modules, quizzes, videos, and the final assessment.
- ★ Participants can pause and restart the course on their own time.
- ★ Districts/campuses can choose the length of time for the course to be available/completed by.
- ★ Participants will NOT have access to the course once they finish and receive their certificate.

Course Outline



= Assignment



= Quiz



= Assessment

Module 1 (*Getting Started*) 13 minutes

Module 2 (*Intro to Relational Practices*) 92 minutes

Module 3 (*60 Second Relate Breaks*) 33 minutes  


Module 4 (*2 Minute Connections*) 33 minutes  

Module 5 (*90 Second Positive Spark Plans*) 57 minutes  

Module 6 (*Pulse Meters*) 28 minutes  

Module 7 (*Treatment Agreement*) 51 minutes  

Module 8 (*GTKY Circles*) 93 minutes  

Module 9 (*Closing*) 59 minutes  

Module 10 (*Final Assessment*) 

Total time for this course (not counting assessments and assignments) **459 minutes or 7.65 hours.**

Course Pricing

<p>For 1-49 Participants</p> <p>\$150/person</p>	<p>For 50-99 Participants</p> <p>\$125/person</p>	<p>For 100+ Participants</p> <p>\$100/person</p>
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